

5TH Annual
5K RUN FOR THE BUS

A fast, flat course through the streets of Bohemia surrounding Connetquot High School.



Connetquot High School
190 7th Street
Bohemia NY 11716

Sunday September 7, 2008
1 Mile Fun Run begins at 8:30 a.m.
5K Run and Walk begins at 9:00 a.m.

Presented by Connetquot Varsity Cross Country Team

Awards will be given to the top male and female finishers overall plus top male and female finishers in 8 different age categories.

All pre-registered 5K runners will receive a free T-shirt.

Ribbons will be distributed to all Fun Run participants.

1.5 Mile Walk Pre-registration Prior to August 29, 2008- \$10.00

1.5 Mile Walk Registration After August 29, 2008- \$15.00

5K Pre-registration Prior to August 29, 2008- \$15.00

5K Registration After August 29, 2008- \$20.00

1 Mile Fun Run(anytime)- \$10.00

Registration Starts at 7:30 a.m.

For more information email Nicole at Run4theBus5K@hotmail.com

APPLICATION

One form must be submitted for each participant.

Name: _____

Address: _____ City: _____ State: _____ Zip: _____

Phone: (____) _____ - _____ Age on 9/2/08: _____ DOB: _____ Sex: ___M___F

Race: ___5K___1 mi. Fun Run ___1.5 mi. Walk

Method of Payment ___Cash OR___Check made out to **Connetquot Cross Country Booster Club.**

Waiver:

In consideration of my signing this agreement, I hereby for myself, my heirs, and administrators assume any and all risks which might be associated with the Run for The Bus. I waive and release any and all rights and claims for damages which I may have against the sponsors, organizers and any others connected with this event, their representatives, successors, and assigns for any and all injuries or damages of any kind suffered by me.

Signature: _____.

*Must be signed by parent or guardian if under the age of 18.

Mail completed application with signed waiver plus payment to:

Run for the Bus

1125 Sycamore Avenue Bohemia NY 11716