

City Council  
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# City of Long Beach



## Recreation Department

*City Manager*  
Charles T. Theofan  
*Parks Commissioner*  
Joseph Brand Jr.  
*Asst. Superintendent of Recreation*  
Robert H. Sondergaard

# 5<sup>th</sup> ANNUAL CITY COUNCIL TURKEY TROT

SUNDAY, NOVEMBER 23<sup>rd</sup> 2008

One Mile Race\* starts at 9:00 a.m.

\*Elementary – Middle School – High School\*

10K (6.2 Miles) Race starts at 9:30 a.m.

SPONSORED BY



**ENTRANCE FEES:**

ONE MILE RACE: \$5.00

10K RACE: \$20.00 / \$25.00 DAY OF RACE

MAKE CHECKS PAYABLE TO: CITY OF LONG BEACH

**START & FINISH:** Riverside Blvd. and the Boardwalk.

Race timed by Finish Line Road Race Technicians.

**AWARDS :** FIRST OVERALL FINISHERS

& FIRST LONG BEACH MALE and FEMALE FINISHERS\* in the TURKEY TROT (\*10K)

**1 MILE RACE\* (TOP 3 FINISHERS Male & Female)**

10 & Under 14 & Under 17 & Under

**10K Race (TOP 3 FINISHERS Male & Female)**

- |              |           |                           |
|--------------|-----------|---------------------------|
| ▪ 14 & Under | ▪ 40 – 44 | ▪ 70 Plus                 |
| ▪ 15 – 19    | ▪ 45 – 49 | ▪ Physically Challenged   |
| ▪ 20 – 24    | ▪ 50 – 54 | (1 <sup>st</sup> Overall) |
| ▪ 25 – 29    | ▪ 55 – 59 |                           |
| ▪ 30 – 34    | ▪ 60 – 64 |                           |
| ▪ 35 – 39    | ▪ 65 – 69 |                           |

**T-SHIRTS & NUMBER PICK-UP:** DAY OF RACE, SUNDAY, NOVEMBER 23, 2008 BEFORE 9:00 A.M.  
AT RIVERSIDE BOULEVARD AND THE BOARDWALK.

**SEND ENTRIES TO :** LONG BEACH TURKEY TROT, LONG BEACH RECREATION DEPARTMENT  
MAGNOLIA BOULEVARD & WEST BAY DRIVE, LONG BEACH, NY 11561

NO IN-PERSON REGISTRATION WILL TAKE PLACE AFTER FRIDAY, NOVEMBER 21<sup>st</sup> at 4:00 P.M. EXCEPT THE MORNING OF THE RACE BEGINNING AT 7:30 A.M. AT RIVERSIDE BLVD. & THE BOARDWALK.

REGISTER ONLINE AT [WWW.ACTIVE.COM](http://WWW.ACTIVE.COM) UNTIL SATURDAY, NOVEMBER 22<sup>nd</sup>.

FOR INFORMATION & APPLICATIONS CALL 516-431-3890 (RECREATION CENTER)  
OR ONLINE AT [WWW.LONGBEACHNY.ORG](http://WWW.LONGBEACHNY.ORG), [WWW.LIRUNNING.COM](http://WWW.LIRUNNING.COM) OR [WWW.FLRRT.COM](http://WWW.FLRRT.COM).

**TURKEY TROT 2008 (Registration - please print clearly)**

Name \_\_\_\_\_ Age \_\_\_\_\_ Male \_\_\_\_\_ Female \_\_\_\_\_

Address \_\_\_\_\_ Town \_\_\_\_\_ State \_\_\_\_\_  
Zip \_\_\_\_\_

D.O.B. \_\_\_\_\_ Phone Number \_\_\_\_\_ Chip Code \_\_\_\_\_

Wheelchair Athlete \_\_\_\_\_ Physically Challenged \_\_\_\_\_

E-mail \_\_\_\_\_ Shirt Size: Youth-[ ] Med- [ ] Large- [ ] X-Large- [ ]

In consideration of your accepting this entry, I, the undersigned, intending to be legally bound, hereby, for myself, my heirs, executors and administrators, waive and release any and all rights and claims for damages I may have against the Long Beach Recreation Department and the City of Long Beach their representatives, successors, and assigns for any and all injuries suffered by me in said event. I attest and verify that I am physically fit and have sufficiently trained for the completion of this run and my physical condition has been verified by a licensed medical doctor.

Signature \_\_\_\_\_ Parent Signature \_\_\_\_\_

If Under 17 Years of Age

**For Rec Use Only:** Receipt # \_\_\_\_\_ Amount Paid \$ \_\_\_\_\_ Date \_\_\_\_\_ /08 Staff \_\_\_\_\_