

City Council
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City of Long Beach



Recreation Department

City Manager
Charles T. Theofan
Parks Commissioner
Joseph Brand Jr.
Asst. Superintendent of Recreation
Robert H. Sondergaard

6th ANNUAL CITY COUNCIL TURKEY TROT

SUNDAY, NOVEMBER 22nd 2009

One Mile Race* starts at 9:00 a.m.

Elementary – Middle School – High School

10K (6.2 Miles) Race starts at 9:30 a.m.

Sponsored by: *Paninis & Bikinis*

ENTRANCE FEES:

ONE MILE RACE: \$5.00

10K RACE: \$20.00 / \$25.00 DAY OF RACE

MAKE CHECKS PAYABLE TO: CITY OF LONG BEACH

START & FINISH: Riverside Blvd. and the Boardwalk.

Race timed by Finish Line Road Race Technicians.

AWARDS : FIRST OVERALL FINISHERS

& FIRST LONG BEACH MALE and FEMALE FINISHERS* in the TURKEY TROT (*10K)

1 MILE RACE* (TOP 3 FINISHERS Male & Female)

10 & Under 14 & Under 17 & Under

10K Race (TOP 3 FINISHERS Male & Female)

- | | | |
|--------------|-----------|-------------------------|
| ▪ 14 & Under | ▪ 40 – 44 | ▪ 70 – 74 |
| ▪ 15 – 19 | ▪ 45 – 49 | ▪ 75 Plus |
| ▪ 20 – 24 | ▪ 50 – 54 | ▪ Physically Challenged |
| ▪ 25 – 29 | ▪ 55 – 59 | |
| ▪ 30 – 34 | ▪ 60 – 64 | |
| ▪ 35 – 39 | ▪ 65 – 69 | |

T-SHIRTS & NUMBER PICK-UP: DAY OF RACE, SUNDAY, NOVEMBER 22, 2009 BEFORE 9:00 A.M.
AT RIVERSIDE BOULEVARD AND THE BOARDWALK.

SEND ENTRIES TO :

LONG BEACH TURKEY TROT, LONG BEACH RECREATION DEPARTMENT
MAGNOLIA BOULEVARD & WEST BAY DRIVE, LONG BEACH, NY 11561

NO IN-PERSON REGISTRATION WILL TAKE PLACE AFTER FRIDAY, NOVEMBER 20th at 4:00 P.M. EXCEPT THE MORNING OF THE RACE BEGINNING AT 7:30 A.M. AT RIVERSIDE BLVD. & THE BOARDWALK.

REGISTER ONLINE AT WWW.ACTIVE.COM.

FOR INFORMATION & APPLICATIONS CALL 516-431-3890 (RECREATION CENTER)
OR ONLINE AT WWW.LONGBEACHNY.ORG, WWW.LIRUNNING.COM OR WWW.FLRRT.COM.



RACE PARTNER **IN TRAINING** WWW.TEAMINTRAINING.ORG/LI

TURKEY TROT 2009 (Registration - please print clearly)

Name _____ Age _____ Male _____ Female _____

D.O.B. _____ Physically Challenged _____ Phone Number _____

Address _____ Town _____ State _____

Zip _____

E-mail _____ Shirt Size: Youth-[] Med-[] Large-[] X-Large-[]

In consideration of your accepting this entry, I, the undersigned, intending to be legally bound, hereby, for myself, my heirs, executors and administrators, waive and release any and all rights and claims for damages I may have against the Long Beach Recreation Department and the City of Long Beach their representatives, successors, and assigns for any and all injuries suffered by me in said event. I attest and verify that I am physically fit and have sufficiently trained for the completion of this run and my physical condition has been verified by a licensed medical doctor.

Signature _____ Parent Signature _____

If Under 17 Years of Age

For Rec Use Only: ***Receipt #*** _____ ***Amount Paid \$*** _____ ***Date*** _____/09 ***Staff*** _____