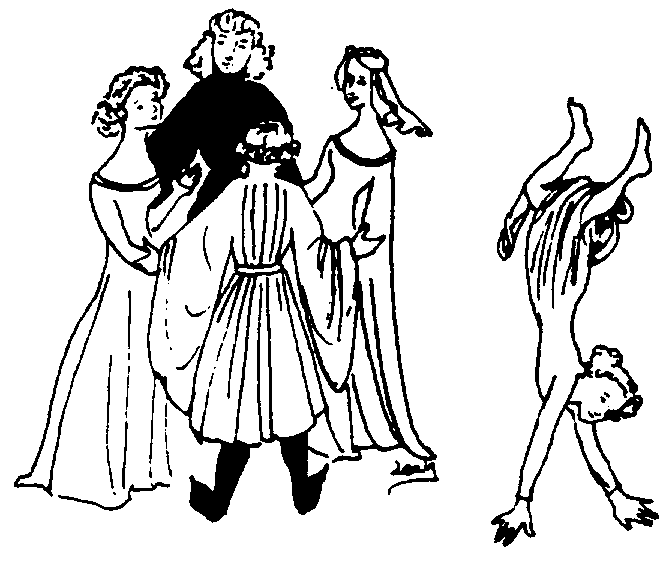
**Guide to the Dances**



Candlemas in Bryn Gwlad

February 19

A. S. LVII (A. D. 2023)

***These dances are transcribed from various sources. There is no definition of the steps. This is only to be used as a quick refresher, not a teaching aid.***

This edition is by Daniel de Lincoln. The original versions were devised by Mistress Isabella Maria della Rosa. Lady Rosamund Blaunchflur provided priceless formatting help. The illustration is by and used with the gracious permission of Mistress Lia da Padova, a redrawing derived from "Music in the Garden of Delight", Guillaume de Lorris and Jean de Meun, *Le Roman de la Rose,* Valencia, Biblioteca Universitaria, MS 387, fol. 6v.

**Set One**

**A terminology note**: many dances here use the terms "lord" and "lady". ***These terms are purely positional here:***"lord" usually being the person starting on the left, "lady" on the right. They are used here only where needed to distinguish dancers, because they are single syllables (hence faster to call) and common in the SCA. There is *absolutely no expectation* that this has *any* correlation with any gender or any other attribute of any dancer. I encourage anyone to dance any position, to fill a set or to have fun. Similarly, "couple" or "set" refers to a collection of people who are some sort of repeating collection for the purpose of the dance only.

**Belle Qui / Carolingian Pavane** Couples

Pavane set: single, single, double, starting L then R alternating.

|  |  |
| --- | --- |
| 8+8+8 | 3 pavane sets forward L R L |
| 8 | 1 pavane set backwards R |
| 8 | Lord may kneel; Lady circles lord counter-clockwise in 2 pavane sets |
| 8 | Lord circles lady clockwise in 2 pavane sets |

*Repeat until music ends.*

**The Black Alman** As many couples as will, in a line

|  |  |
| --- | --- |
| 16 | 4 alman doubles, starting with left foot, end facing partner |
| 8 | Left double back away from partner, right double to meet partner,  ¼ turn to own left aligning right shoulders |
| 4 | Double away from partner, turn ½ around |
| 4 | Double back to meet and turn to face partner again |
| 8 | ***Solo*** Lords step left, step right, full turn single left |
| 8 | ***Solo*** Ladies step left, step right, full turn single left |
| 4 | Take 2 hands with partner, double left to switch places |
| 4 | 4 slips up the hall |
| 4 | Take 2 hands with partner and double left to switch places |
| 4 | 4 slips down the hall |
| 8 | Left double back away from partner; right double towards partner. End facing, then ¼ turn to face up the hall |

*Repeat until music ends, each time alternating which role does* ***Solo*** *first.*

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**Horses Bransle** As many couples as will, facing partners

|  |  |
| --- | --- |
| 32 | Take both hands with partner. 4 times: Bransle two steps to the head of the hall (lord's left, lady's right), then bransle two steps to the foot of the hall. |
| 2 | **Lords only:** paw twice with the right foot ... |
| 2 | ... then step right (down the hall) halfway to next lord's place ... |
| 4 | ... then turn single over the left shoulder, progressing into the place of the next lord towards the head of the hall. Except the lead lord: he scurries to take the place of the last lord. |
| 2 | **Ladies only:** paw twice with the right foot ... |
| 2 | ... then step right (up the hall) halfway to the next lady's place ... |
| 4 | ... then turn single over the left shoulder back to place. |

*At the end of one time through, each person has a new partner. Repeat.*

**New Bo Peep** 3 couples in a line. Done once.

|  |  |
| --- | --- |
| 16 | **Double up** and back; repeat. |
| 8 | **Chorus**: ladies solo double to the wall, then lords solo pursue. |
| 8 | Lords peep over their lady's shoulder, left first, four times. |
| 8 | All walk or twirl back to places. |
| 24 | Mirror: lords solo double to wall, ladies solo pursue, peeping, home. |
| 16 | **Siding.** |
| 48 | **Chorus** but this time the lords flee first. |
| 16 | **Arming.** |
| 48 | **Chorus** but this time the ladies flee first. |

**Amoroso** As many couples as will. Repeated.

|  |  |
| --- | --- |
| 24? | Pivas (doubles) until music changes. Often 12, 8, or 16. |
| 8 | **A:** Lord: 2 singles, 1 piva, 3 singles away from partner. |
| 8 | **A:** Lady: 2 singles, 1 piva, 3 singles to rejoin partner. |
| 8 | **B:** Lord: 3 pivas, 1 single away from partner. |
| 8 | **B:** Lady: 3 pivas, 1 single to rejoin partner. |
| 8 | **A:** Lord: 2 singles, 1 piva, 3 singles, away from partner, turning on the last single. |
| 2 | Both riverenza. |
| 6 | **B:** Lord: 3 pivas back to lady then ½ turn to be at lady's side. |
| 16 | Repeat with lady going away first. |

*Repeat. On even-numbered repeats, ladies go first.*

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**Hole in the Wall** As many couples as will in a line

|  |  |
| --- | --- |
| 12 | **Active:** Reverence; cast down around Inactive, then take inside hands and up through Inactive back to place; reverence |
| 12 | **Inactive:** Reverence; cast up around Active, then take inside hands and down through Active back to place; reverence |
| 6 | **First corners (Active lord, Inactive lady):** Reverence; switch places almost touching palms; reverence |
| 6 | **Second corners (Inactive lord, Active lady):** Reverence, switch places almost touching palms; reverence |
| 6 | All take hands and circle halfway around |
| 6 | Active break off and cast outside down the set while Inactive take hands and do one full clockwise turn up the set between Actives |

**Ly Bens Disinens (Gaïta / long version)** Couples in a line

|  |  |
| --- | --- |
| 4 | Double forward, starting on left foot |
| 4 | Double forward, starting on right foot |
| 6 | Lord forward while lady backward, all taking 3 single steps: left, pause, right, pause, left, pause |
| 2 | Lord turns to face partner while lady stands still. Reverence |
| 4 | Double to meet partner on one’s left (all) |
| 4 | Take left hand with partner, ½ turn to trade places, then lady pivots to face up |
| 6 | As before, swapping lord and lady: Lady forward while lord backward, all taking 3 single steps: left, pause, right, pause, left, pause |
| 2 | Lady turns to face partner while lord stands still. Reverence |
| 4 | Double to meet partner on one’s left (all) |
| 4 | Take left hand with partner, ½ turn to trade places, then lord pivots to face up |
| 2 | Single forward, single backwards |
| 4 | Full turn single away from partner with a double. |

*Repeat until music ends.*

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**Set Two**

**Turkish ("Maltese") Bransle** As many people as will

|  |  |
| --- | --- |
| 8 | All take hands in a big circle, bransle double left, bransle double right. |
| 8 | Bransle double left, bransle double right. |
| 8 | Three slow singles in, 3 claps. |
| 8 | Three slow singles out, 3 claps and/or 3 kicks. |

**Rostiboli Gioioso** As many couples as will

|  |  |  |
| --- | --- | --- |
| Lord’s Solo | 12 | Both 2 riprese left and right [U-shaped slow sidestep] |
| 6 | Lord away: single left, single right |
| 12 | Double left, double right, no-time half-turn |
| 12 | Both 2 riprese left and right |
| 18 | Lord returns home with the same sequence: single left, single right, double left, double right, no-time half-turn |
| Lady’s Solo | 60 | The same Solo but with the lady leaving and returning |
| Duet | 12 | Holding inside hands, both 2 riprese left and right |
|  | 6 | Both 2 singles |
|  | 18 | Both 3 doubles |
|  | 12 | Volta del Gioioso: each does a small circle counterclockwise with 2 singles, then a half-turn with ripresa right |
| Duet | 48 | Same Duet again |
| Leap | 48 | 16 salterelli [3 steps with hop]. May separate and rejoin. |
| Flee | 8 | Lord movimento, lady mov., lord double left away |
|  | 8 | Lady movimento, lord mov., lady double left to join |
| Flee | 16 | Same Fleeing again |

*Repeat until music ends, each time alternating which sex does* ***Solo*** *first.*

Since there’s some available space here: Hi! Yay, dance information!

Sometimes a dance differs among several sources. Dance sources were often not 100% precise, so there’s often room for interpretation. Sometimes local groups make a change for danceability or just because they like it. So don’t be surprised if another group or a war does a dance differently.

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**Heralds in Love** 4 couples in line, 1 & 3 proper, 2 & 4 improper

|  |  |
| --- | --- |
| 16 | **Double up** and back. Set and turn single left. |
| 16 | **Double up** and back. Set and turn single right. |
| 32 | **Lords' hey:** Starting at the ends (lord 1 with lord 2, lord 3 with lord 4), lords cross over taking right hands, continue to cross over swapping hands. When you go to an end spot, circle around for 4 counts. Continue until you have gone to each spot and you are back in place. |
| 32 | **Side** right with partner. Set and turn single left. Side left with partner. Set and turn single right. |
| 32 | **Ladies' hey:** As with lords but start in the middle (lady 2 with lady 3), ladies cross over taking right hands. (The ladies on the ends can do a 4 count circle around in spot, be ready to take left hand.) Continue to cross over swapping hands. When you reach the end spots, circle around for 4 counts. Continue until you have gone to each spot and you are back in place. |
| 32 | **Arm** right with partner. Set and turn single left. Arm left with partner. Set and turn single right. |
| 32 | **Everybody hey**: As above, lords’s hey and ladies’ hey done simultaneously. |

***(done after Whirligig; here only for paper layout)***

**Heart's-Ease** 2 couples facing in a square. Done once.

|  |  |
| --- | --- |
| 16 | **Double to meet** contrary and back. Repeat. |
| 12 | **"Spurn and Turn" Chorus.** Double back from partner, double to meet with right-hand raised, at last moment spurn and turn contrary palming with the right hand. |
| 12 | and mirror with contrary: back a double, advance a double with left hand raised, spurn and turn partner with the left hand. |
| 16 | **Side right** with ***partner***. **Side left** with ***contrary***. |
| 24 | **"Spurn and Turn" Chorus.** |
| 16 | **Arm right** with ***partner***. **Arm left** with ***contrary***. |
| 24 | **"Spurn and Turn" Chorus.** |

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**Whirligig** 3 couples in a line

|  |  |
| --- | --- |
| 16 | **Up a double** and back; repeat |
| 16 | **Mushrooms:** C2 go up between C1, then cast around them, then half figure-eight (lady crosses over first) around opposite person into partner's place |
| 16 | C2 do the same with C3 |
| 16 | Cast to post to switch positions (becoming C2 C3 C1) |
| 48 | Repeat for C3 in C2 original position; cast to post |
| 48 | Repeat for C1 in C2 original position; cast to post |
| 16 | **Side** left, side right |
| 16 | **Triangle Hey:** Ldy 2 & ld 2 turn to each's own left, offer right hand, arming 1 full turn around with person at diagonal. Then S-hey with couple they are with. C2 ends improper |
| 16 | Repeat, C2 ends proper |
| 16 | Cast to post to switch positions |
| 48 | Repeat for C3 in C2 original position; cast to post |
| 48 | Repeat for C1 in C2 original position; cast to post |
| 16 | **Arm** left, arm right |
| 16 | **Cast to star**: C1 cast to center with C2 following, all back home Then C1 and C2 put right hands in to form a star and circle around once. Meanwhile, C3 set and turn single twice |
| 16 | Repeat with C3 casting and C2 and C3 forming star, and C1 setting and turning twice |
| 16 | Cast to post to switch positions |
| 48 | Repeat for C3 in C2 original position; cast to post |
| 48 | Repeat for C1 in C2 original position; cast to post |

**Heart's-Ease *(instructions are above)***

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**Rufty Tufty** 2 couples facing in a square. Done once.

|  |  |
| --- | --- |
| 16 | **Double to meet** contrary and back. Repeat. |
| 12 | **"Cootie-catcher" Chorus**: face partner, set and turn twice. Half-turn out, lead partner out a double, half-turn single toward partner, lead partner inward a double, 1¼ turn single away from partner to be side by side with contrary. |
| 12 | Mirror with contrary: lead out a double, turn, lead in, 1¼ turn. |
| 16 | **Side** with partner. Repeat. |
| 24 | **Cootie-catcher chorus.** |
| 16 | **Arm** with partner. Repeat. |
| 24 | **Cootie-catcher chorus.** |

**Bransle Suite**

|  |  |
| --- | --- |
| SL | Single Left: step left sideways with the left foot, then bring up the right foot beside it |
| SR | Single Right: step right sideways with the right foot, then bring up the left foot beside it |
| DL | Double Left: Single Left, then Single Left |
| DR | Double Right: Single Right, then Single Right |
| KL | Kick Left: kick once with the left foot |
| KR | Kick Right: kick once with the right foot |
| pr | Plant Right. Not usually notated or taught. A reminder to put your weight on your right foot because you need to kick left next. |
| pl | Plant Left. Put your weight on your left foot. |

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**Bransle Cassandra**

Part 1: DL DR DL DR

Part 2: DL DR SL DR

**Bransle Pinagay**

Part 1: DL pr KL DL pr KL KR KL

Part 2: DL DR

# Bransle Charlotte

Part 1 twice: DL pr KL KR DR

Part 2:

DL pr KL KR

SR KL KR KL

SL KR KL KR

DR

# **Bransle of War**

Peace: (DL DR) x 4

War (double time): DL DR SL SR

DL SR SL DR

SL pr KL KR KL leap and capriole

# **Bransle Aridan**

Part 1 twice: DL KL KR KL

Part 2 twice: DL, "sway" with SR SL SR

DL pr KL KR DR

(double time) DL, KR across L foot, SR, KL across R foot

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**Set Three**

**Black Nag** 3 couples in a line. May be repeated.

|  |  |
| --- | --- |
| 16 | **Double up** and back; repeat |
| 16 | Each couple take hands; couple 1 slip up, then couple 2 slip up, then couple 3 slip up; all turn single |
| 16 | Each couple take hands; couple 1 slip down, then couple 2 slip down, then couple 3 slip down; all turn single |
| 16 | **Side** left, side right |
| 16 | Lord 1 and lady 3 trade places, then lord 3 and lady 1, then lord 2 and lady 2; all turn single |
| 16 | That again in the same order to get home |
| 16 | **Arm** left, arm right |
| 16 | Lords hey; lords turn single |
| 16 | Ladies hey; ladies turn single |

**Gathering Peasecods** As many couples as will, in a circle

|  |  |
| --- | --- |
| 12 | Take hands in a circle. 8 slips to the left. Turn single. |
| 12 | Take hands in a circle. 8 slips to the right. Turn single. |
| 12 | **Chorus Part A: Lords** double in to the center and take hands in a small slipping ring. 8 slips to the left. Drop hands and back into the circle in the same order. |
| 12 | **Repeat Chorus Part A** but with ladies, and when backing out, they take their place by their partners. |
| 4 | **Chorus Part B:** Lords double in and clap. |
| 4 | **While** lords double back to the circle, ladies double in and clap. |
| 8 | **While** ladies double back to the circle, lords double in and *don't clap* and turn in a circle back to place. |
| 16 | **Repeat** **Chorus B** but with ladies going first. |
| 12 | **Side right with partner**. Turn single. **Side left.** Turn single. |
| 40 | **Chorus** with ladies going first. |
| 12 | **Arm right with partner**. Turn single. **Arm left.** Turn single. |
| 40 | **Chorus** with lords going first. |

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**Petit Riens** Groups of 3 people

|  |  |
| --- | --- |
| 32 | 16 pivas, holding hands in a line |
| 24 | 1st person away with 4 pivas, then 2nd to catch up, then 3rd to catch up |
| 12 | 1st person away with a double, then 2nd to catch up, then 3rd to catch up |
| 4 | 1st and 2nd reverence |
| 4 | 2nd and 3rd reverence |
| 4 | All reverence |
| 4 | Double left backwards, fanning out |
| 4 | Double right forward, rejoining |
| 4 | Ripresa left, ripresa right, full turn single left (similar to set and turn single) |

*Repeat until music ends.*

**Official Bransle (SCA version)** Couples

See the Bransle Suite in set 2 for the steps.

Part 1: DL DR DL DR

Part 2 twice (depending on the music): SL x 6

Lord assisted lift of Lady to progress past in front to go left

***NOTE!*** ***Do not attempt to toss anyone!*** The person progressing decides how they will progress, by leaping or by walking. The other may offer balancing or guidance or other help, but the person progressing chooses what help will happen.

*Repeat until music ends.*

**Half Hannikin (SCA)** As many couples as will, in a circle.

|  |  |
| --- | --- |
| 16 | **Hands all. Double into the circle** and back. Repeat. |
| 16 | **Drop hands. Side left and right** with partner. |
| 8 | **Arm right** with partner one full turn. |
| 8 | **Arm left** with partner **one and a half turns** to progress to next partner. |

*Repeat until music ends.*

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**If All the World Were Paper** 4 couples facing in, in square

|  |  |
| --- | --- |
| 16 | **Double in** and back, face partner, set and turn single. Repeat. |
| 16 | **Chorus**: head lords exchange places, head ladies exchange places, reach across set to start half a circular handed hey to home. |
| 16 | Side lords exchange places, side ladies exchange places, reach across set to start half a circular handed hey to get home. |
| 16 | **Side** with partner. Set and turn single. Repeat. |
| 16 | **Chorus:** sides form arches. Heads lead in partner, take hand with contrary, lead out through arch, split, go home, full turn partner. |
| 16 | Head couples form arches, sides do as the heads did. |
| 16 | **Arm** with partner. Set and turn single. Repeat. |
| 16 | **Chorus**: heads reach across set to contrary to start a circular hey back to place. |
| 16 | **Chorus**: sides reach across set to contrary to start a circular hey back to place. |

**Set the First**

Carolingian Pavane - Black Alman - Horses Bransle

New Bo Peep - Amoroso - Hole in the Wall - Ly Bens

**Set the Second**

Turkish ("Maltese") Bransle - Rostiboli Gioioso

Heralds in Love - Whirligig - Heart’s-Ease

Rufty Tufty - Bransle Suite: Cassandra, Pinagay, Charlotte, War, Aridan

**Set the Third**

Black Nag - Gathering Peasecods - Petit Riense

Official Bransle (SCA) - Half Hannikin (SCA)

If All the World Were Paper